

SEPT. 20-28, 2024 SEPT. 27 - OCT. 5, 2024

Veneto, Lombardy & Lago di Garda

Supplement

# NORTHERN ITALY IMMERSION

BOOK WITH CONFIDENCE

30-day refund guarantee





### Dear Principia Lifelong Learner,

Join our small group for an unforgettable journey to the enchanting region of Northern Italy. This uniquely crafted itinerary includes a special church service at historic Little Church of San Donino, constructed in 1280, located on the Selva Capuzza estate.

Your home away from home will be Selva Capuzza's charming farmhouse apartments—Borgo San Donino—and its nearby restaurant, ensuring your stay is as comfortable as it is authentic.

At the property, participate in hands-on culinary experiences as you join skilled chefs to craft traditional Italian recipes passed down through generations.

While touring, delight in the charms of Borghetto, a hidden gem beside the Mincio River, before encountering the tranquility and beauty of Parco Sigurate gardens, a sanctuary of rare plants and enchanting landscapes.

Explore Verona, a city that exudes history and romance. Wander through its timeless streets, pass by Juliet's House, and be mesmerized by the grandeur of the Arena di Verona.

Milan beckons with cultural treasures such as Santa Maria delle Grazie, home to Leonardo da Vinci's "The Last Supper." Explore the artistic Brera district and admire the enormity of the Duomo di Milano.

Set out for Roncà and visit La Casara, a renowned cheese producer. Tour their facilities and indulge in a decadent cheese tasting.

Conclude your Italian sojourn with leisure time at the waterfront village of Sirmione. Let the beauty of Lake Garda captivate your senses as you explore its historic streets and see the iconic Scaliger Castle.

Space is limited, and we anticipate this tour will fill quickly. Be certain to reserve your spot today and share this brochure with family and friends who may be interested in traveling with you. Please reserve online at principia.orbridge.com, by calling (866) 639-0079 or by returning the enclosed reservation form.

Ciao,

herrilee Mytouland

Merrilee McFarland Senior Director of Alumni & Field Relations

### **Meet Your Trip Scholar**

Susan Ledbetter (C'70) graduated from Principia College with a double major in history and education and a minor in art history. After graduation, she spent many years as an art museum docent and educator. She then went on to teach art history and serve as a college counselor in an independent high school. For the last six years, Susan has taught art history courses at Principia's Summer Session. In 2021, Susan was an onboard lecturer for Principia Lifelong Learning's Rhône & Saône River Cruise.



P.S. If you're interested in traveling with Principia Lifelong Learning but not available these dates, visit principia.edu/trips to explore other upcoming PLL travel programs!

Orbridge takes seriously the responsibility to minimize our global environmental impact. Each year we plant 100,000 trees in U.S. State Forests with afforestation needs as an ongoing initiative among our evolving sustainability efforts. Learn more at orbridge.com/going-green.



# Your 9-Day Itinerary (subject to change)

Day 1: En Route from U.S.

- Day 2: Arrive in Verona, Italy / Province of Brescia (Selva Capuzza) (D) Settle in, welcome dinner Overnight: Borgo San Donino
- Day 3: Borghetto / Valeggio sul Mincio (B,L,D) Tower of San Martino, tortellini lunch, Parco Siguarte gardens, church service Overnight: Borgo San Donino
- Day 4: Selva Capuzza (B,L,D) Hands-on pasta and dessert making demonstrations to enjoy for lunch, walking tour of property, olive oil tasting Overnight: Borgo San Donino
- Day 5: Verona / Desenzano del Garda (B,D) Guided sightseeing, Renaissance Gates, Castelvecchio Bridge, San Zeno Basilica, Piazza delle Erbe, Juliet's balcony, Roman monuments and amphitheater, Nicolis Museum, lakeshore dinner Overnight: Borgo San Donino



### Day 6: Modena / Mantua (B,L,D)

Balsamic vinegar tasting and lunch at award-winning Acetaia Caselli, Palazzo Ducale UNESCO World Heritage Site inside visit Overnight: Borgo San Donino

### Day 7: Milan (B,D)

High-speed train to Milan, inside visit to UNESCO-listed monastery of Santa Maria delle Grazie, guided walking tour of the Brera district, inside visit to Duomo di Milano Overnight: Borgo San Donino

Day 8: Roncà / Soave / Sirmione (B,L,D) La Casara cheese demonstration and tasting, Soave castle, leisure time in Sirmione, special farewell dinner Overnight: Borgo San Donino

### Day 9: Verona / Depart for U.S. (B)

(B = Breakfast, L = Lunch, D = Dinner)

Activity Level: We expect that guests can enjoy two hours or more of walking, are sure-footed on cobbled surfaces, and can walk up and down stairs without assistance. On the estate, unpaved roads and pathways separate its various structures, and walking is required to get from one building to another and to reach the restaurant. Historic city centers are usually more accessible by foot than vehicle. Due to the structure of some buildings, facilities for the disabled may be limited.





# **Tour Highlights**

- With your small group (maximum 19 guests), enjoy seven nights accommodations at a historic country farmhouse amidst an olive oil-producing estate.
- Join hands-on cooking classes with locals who share their families' histories and favorite recipes.
- In the famed Valeggio sul Mincio region, stroll along the river in the quaint village of Borghetto followed by lunch at a nearby family restaurant known for their tortellini.
- Enjoy a guided tram tour through Parco Giardino Sigurtà—one of Italy's most impressive natural parks—with time to explore independently.
- Admire the area's layered history during visits to Verona's 2,000-year-old Roman arena and the magnificent medieval Castelvecchio Bridge.
- At Museo Nicolis, view one of the most prestigious private European collections of 20thcentury technology and design. Exhibits range from typewriters to cameras to iconic Italian automobiles, including Alfa Romeo, Ferrari, Lamborghini, Fiat, and Maserati.
- Enjoy a special excursion near Modena for a tasting of aged balsamic vinegar during a convivial meal with the property's owner and his family.
- Explore Milan's most significant historical landmarks, including UNESCO-listed monastery of Santa Maria delle Grazie, home to Leonardo Da Vinci's iconic "The Last Supper."
- Delight in a cheese-making demonstration and tasting in the heart of Lessinia, home to a delicious variety of Italian cheeses.
- Spend a relaxing afternoon in Sirmione with free time for an optional boat tour around Lago di Garda.

# What's Included

- 7 nights accommodations
- 7 breakfasts, 4 lunches, and 7 dinners served with non-alcoholic beverages, each incorporating a variety of Northern Italian preparations and ingredients
- All lessons, private tours and tastings, and unique small-group excursions noted in the 9-day itinerary
- Full guiding services of an Orbridge Travel Director and expert local guides
- Private motor coach transportation
- High-speed train tickets
- Luggage porterage
- Gratuities to Orbridge Travel Director, local guides, drivers, and wait staff for included meals
- Airport transfers for guests arriving and departing during the suggested times





# Your Accommodations (subject to change)

Within arm's reach of the culture-rich Veneto and Emilia Romagna regions lies Borgo San Donino, a charming farmhouse on the Selva Capuzza estate—also the 1859 battle site of Italy's fight toward its independence.

The farmhouse apartments and nearby restaurant are the result of many years of dedicated work, each providing delightful accommodations and generous hospitality.

Stroll the grounds and you might see grape vines being carefully tended by hand or olives ripening for the estate's own olive oil, just steps away from tables where the harvest is reincarnated in signature local dishes.

Visit nearby San Martino Tower to admire its majesty from the inside and out.

Then follow the tree-lined road to the Chapel of San Martino, which guards many of the fallen from the battle.

After a day's adventures, restore your senses amidst the comfortable atmosphere of your apartment.

General amenities provided in each room: individual climate control, complimentary Wi-Fi, safe, slippers, bathroom sundries, and hair dryer. Hair conditioner is not provided.

Studio: A cozy studio room with en suite bathroom overlooking the garden. Recommended for single occupancy. Limited availability.

Classic Apartment: A comfortable apartment with a living area, kitchenette, and en suite bathroom overlooking the garden and surrounding countryside.

Superior Apartment: A spacious apartment with a living area, kitchenette, and en suite bathroom. Each room is unique with either vaulted ceilings or a large patio, and views of the vineyard or surrounding countryside.

NOTE: This property does not have an elevator.

### Insider, Interpreter, Epicure, Host

Your Orbridge Travel Director will infuse your journey with an epicure's appreciation of food, a local's knowledge and pride of place, and a travel aficionado's ability to gather the beauty of all senses to your discoveries in Italy.















Take advantage of additional time in Italy to explore Cinque Terre and the Italian Riviera, an area teeming with meaningful traditions surrounding cuisine and family. Charming pastel buildings and sparkling sea views combine brilliantly with sweet and savory specialties. Cinque Terre is also a National Park and UNESCO World Heritage Site, drawing visitors to its dramatic coastal scenery and sunset panoramas.

### Pre-Tour Itinerary (subject to change)

- **Day +1:** En Route from U.S.
- Day +2: Arrive in Milan, Italy / Sestri Levante Leisure time to explore the fishermen hamlet of Sestri Levante Overnight: Vis-à-Vis
- Day +3: Sestri Levante / Cinque Terre / Sestri Levante (B,L) Guided touring and food tastings through Monterosso, Vernazza, and Manarola Overnight: Vis-à-Vis
- Day +4: Sestri Levante / Portofino / San Fruttuoso / Santa Margherita Ligure / Sestri Levante (B) Abbey of San Fruttuoso, guided tour of Santa Margherita Ligure Overnight: Vis-à-Vis
- Day +5: Sestri Levante / Verona / Main Program Begins (B)

# What's Included

- 3 nights accommodations at Vis à Vis (or similar)
- 3 breakfasts and 1 lunch
- Cinque Terre card for all train transportation within the Cinque Terre
- Guided touring (by English-speaking guides) and tastings through Cinque Terre's villages
- Private transportation (with unlimited bottled water) for included touring
- Boat excursion to San Fruttuoso
- Entrance fee to San Fruttuoso Abbey
- Luggage porterage
- Gratuities to hotel staff, local guides, drivers for included activities and excursions, porters, and wait staff for included meals
- Airport transfers for guests arriving during the suggested times







Revel in the gloriously romantic and enchanting atmosphere of the *Floating City*. Your small group will delight in exploring classic cultural treasures of this remarkable region. Guided tours for sightseeing, meeting with artisans, and learning about glass blowing reveal Venice's rich layers of history, art, and dedication to tradition and food.

## Post-Tour Itinerary (subject to change)

- Day 9: Depart Verona / Arrive in Venice Private water taxi city tour down the Grand Canal (view the Rialto Bridge, St. Mark's Basin, Giudecca, and San Giorgio Maggiore) Overnight: Hotel Nani Mocenigo Palace
- Day 10: Venice (B) Private gondola boatyard tour, afternoon at leisure Overnight: Hotel Nani Mocenigo Palace
- Day 11: Venice / Murano / Venice (B,L) Private motorboat cruise to Murano, glass blowing factory tour and demonstration, Glass Museum visit Overnight: Hotel Nani Mocenigo Palace

Day 12: Depart Venice for U.S. (B)

# What's Included

- Transfer by train (in business class) from Desenzano del Garda to Venice accompanied by your Orbridge Travel Director who will see you to your hotel for check-in, then bid you a fond farewell
- 3 nights accommodations at Hotel Nani Mocenigo Palace (or similar)
- 3 breakfasts and 1 lunch
- Guided touring accompanied by an art historian
- Private visit to an artisan mask workshop
- Private gondola boatyard visit
- Private glass blowing factory visit
- Private water taxi transportation for canal and lagoon tours, and transfers to and from your hotel on arrival and departure days
- Luggage porterage
- Gratuities to hotel staff, local guides, local drivers for included activities and excursions, porters, and wait staff for included meals





| Northern Italy Immersion   | Category Rate*  |
|--|---|
| □ SEPTEMBER 20-28, 2024  | Classic \$5,499   |
| Cinque Terre Pre-Tour: September 17-21, 2024   | Superior \$5,799  |
| Venice Post-Tour: September 28 - October 1, 2024   | Studio Single \$5,499   |
| SEPTEMBER 27 - OCTOBER 5, 2024   | Classic Single <sup>†</sup> \$5,499<br><sup>†</sup> no single supplement  |
| Cinque Terre Pre-Tour: September 24-28, 2024<br>Venice Post-Tour: October 5-8, 2024  | Cinque Terre Pre-Tour*  |
| Reserve by Credit Card:  | Classic: \$2,599   Single: \$3,199  |
| Online: <b>principia.orbridge.com</b>  | Venice Post-Tour*   |
| Phone: (866) 639-0079  | Classic: \$2,599   Single: \$3,199  |
| Fax: (206) 452-5655  |   |
| Reserve by Check:  |   |
| Made payable to <b>Orbridge, LLC</b>   |   |
| Mail to: Principia Lifelong Learning   |   |
| c/o Orbridge, P.O. Box 1376, Poulsbo, WA 98370   |   |
| GUEST INFORMATION:   |   |
| Guest #1 Name (Title/Salutation):  |   |
| Email:   | Class Year:   |
| Home Phone:Alt. Pho  | ne:   |
| Address:   |   |
| City:  | State: Zip:   |
| Guest #2 Name (Title/Salutation):  |   |
| Email:   | Class Year:   |
| Home Phone:Alt. Pho  | ne:   |
| DEPOSIT PAYMENT:   |   |
| Check ACH (Automated Clearing House) MasterCard/Visa   | American Express Discover   |
| Card #:  | Exp. Date: CVV:   |
| Name (as printed on card):   | ·   |
| Billing Address (if different from above):   |   |
| City:  | State: Zip:   |
| CATEGORY SELECTION & DEPOSIT:  |   |
| Category Preference: 1st choice  | 2nd choice  |
| # guests joining pre-tour (\$500/person) +   |   |
| # guests joining program (\$850/person) +  |   |
| # guests joining post-tour (\$500/person) = <b>TOTAL D</b>   | EPOSIT: \$  |
| I/we have read, understand, and agree to the full Terms & Conditions at terms.c<br>LLC is authorized to charge my credit card above and/or take my/our deposit fo  |   |
| Signature:   | Date:   |
| <b>Reservations, Deposits and Final Payment.</b> To secure your reservation, deposi<br>\$850 per person per program and \$500 per person for any pre/post-tour. Orbridg<br>credit card. Final payment is due 90 days prior to the departure date. Reservatior<br>at the time of registration. If final payment is not received by Orbridge by the fir<br>reservation in its sole discretion with no right of refund. CST#2098750-40 WST#60 | ts are due upon placing a reservation as follows<br>ge accepts payment by check, ACH, wire or major<br>ns made after the final payment due date are due<br>nal payment due date, Orbridge may cancel your |
| <b>Reservation Grace Period.</b> Reservations made 121+ days prior to the departure reservation date ("Grace Period") for a full refund. Notice of cancellation must be date of receipt will be used for the effective date.   |   |
| <b>Reservation Cancellations and Refunds.</b> Notice of cancellation must be submitted be used for the effective date. If the cancellation notice is received after the Gradeparture date, all monies paid will be refunded less an administrative fee of \$35   | ce Period (if applicable): (a) 91+ days prior to the  |

be used for the effective date. If the cancellation notice is received after the Grace Period (if applicable): (a) 91+ days prior to the departure date, all monies paid will be refunded less an administrative fee of \$350 per person for the main program and \$200 per person for a pre/post-tour; (b) 90-76 days prior to the departure date, a 25% cancellation fee for the full cost of the program and the balance will be refunded; (c) 75-61 days prior to the departure date, a 50% cancellation fee for the full cost of the program and the balance will be refunded; (d) 60-46 days prior to the departure date, a 75% cancellation fee for the full cost of the program and the balance will be refunded; (e) within 45 days prior to the departure date, a 100% cancellation fee for the full cost of the program. A 100% cancellation fee applies to all non-refundable airfare. Refunds, if any, will be processed within 30 days of our receipt of your written notice.

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\*Special group rate; limited offer. Rates are per person based on double occupancy except where noted as Single, in U.S. dollars. Airfare not included. Single availability limited.



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# NORTHERN ITALY IMMERSION

TWO DEPARTURE OPTIONS: SEPTEMBER 20-28, 2024 and SEPTEMBER 27 - OCTOBER 5, 2024

with Trip Scholar Susan Ledbetter (Sept. 20-28, 2024 only)



Principia Lifelong Learning 13201 Clayton Rd St. Louis, MO 63131-1002

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> P.S. If you're interested in traveling with Principia Lifelong Learning but not available these dates, visit principia.edu/trips to explore other upcoming PLL travel programs!